

Physical Education

EXTRA CURRICULAR ACTIVITIES



| | Lunch Time (Sports Hall) | After School (3:00pm-4:00pm) |
|------------------|-------------------------------------|---|
| Monday | Boys Basketball (NM) | |
| Tuesday | Girls Basketball (JP) | All Years Netball Year 7 Rugby (NM) Year 11/Sixth Form Football (CGD) Year 10 Rugby (LSD) |
| Wednesday | Just Dance (JP) | Girls Rugby (CT) Invite Trampolining (SLG) Year 8 Football (GJ) Year 9 Football (DMP) Sixth Form Basketball |
| Thursday | Volleyball (NM) | Girls HIIT Fitness (LAB) GCSE Trampolining (SLG) Year 8/9 Rugby (LSD) Year 7 Football (NM/SP) Year 10 Football (CGD) |
| Friday | Girls Dodgeball (JP) | Hockey (LAB/NM) |