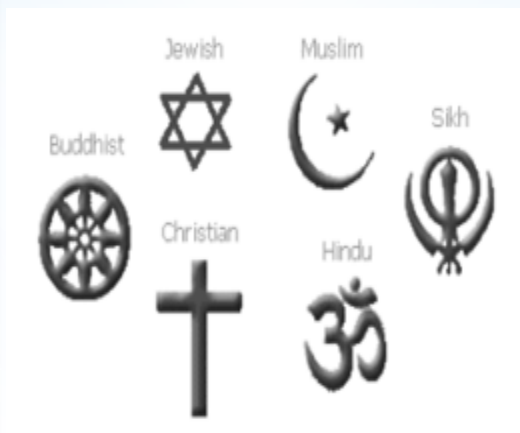




RE with Miss Richards at the Marches



What do you think RE is?



Why do you think RE is important?



Today we are going to learn a bit about Buddhism and get creative!



Task 1: Cut the story board out. Watch the video clip and try and order the story board.

man gave a prophecy that Prince was ever to see suffering. He would become a great leader and not a king. The king banned him from ever leaving the palace grounds.

He decided to leave behind his family, his life of comfort and fled the palace. He shaved his head and became a holy man. He spent time thinking about the cause of suffering in the world.

Once outside the palace, he saw four things he had never seen before. An old man, a sick man, a man in pain, and a dead man. He realized there was suffering in the world.

He left the monks behind and found a forest. Here he sat and meditated for six years. He found the answer to his question and became a Buddha (meaning 'enlightened one').

He met a group of monks who taught him that by only eating and drinking the absolute minimum, he would get closer to finding his answer. He became ill and decided that this was not the way.

When he was 16 years old, he was married to a beautiful princess and soon started a family. At first he was happy but as time went on, he felt more and more trapped. One night, he left the palace.

Siddhartha Gautama was born around 2500 years ago. Before his birth, his parents had dreams foretelling his birth. He was a prince.

His life at the palace was one of extreme luxury and comfort. He was never allowed to see the outside world and was protected from ever seeing any suffering.

BBC Bitesize clips: The Story of Prince Siddhartha, founder of Buddhism
<http://www.bbc.co.uk/education/clips/zqwfkg7>

Did you get it right?

How Prince Siddhartha Gautama became the Buddha



Siddhartha Gautama was born around 2500 years ago in Nepal. Before his birth, his mother had dreams foretelling his importance. He was a Prince.



A wise man gave a prophecy that if the Prince was ever to see suffering, he would become a great spiritual leader and not a king. The king banned him from ever leaving the palace grounds.



His life at the palace was one of extreme luxury and comfort. He was never allowed to see the outside world and was protected from ever seeing any for suffering.



When he was 16 years old, he was married to a beautiful princess and soon started a family. At first he was happy but as time went on, he felt more and more trapped. One night, he left the palace.



Once outside the palace, he saw four things he had never seen before - a sick man, an old man, a holy man and a dead man. He started to wonder why there was so much suffering in the world.



He decided to leave behind his family, his life of comfort and fled the palace. He shaved his head and became a holy man. He spent time thinking about the cause of suffering in the world.



He met a group of monks who taught him that by only eating and drinking the absolute minimum, he would get closer to finding his answer. He became ill and decided that this was not the way.



He left the monks behind and found a fig tree. Here he sat and meditated for 46 days. He found the answer to his question and became 'The Buddha' (meaning the enlightened one).

Lotus flower



The lotus plant is often used as a symbol of enlightenment. It grows in deep muddy water and becomes a beautiful flower.

The Buddha described the people of the world as Lotus flowers; 'they all have the potential to achieve enlightenment, and those people who are like lotuses ready to open up in the sunlight will hear my teaching.'

By following the right path people can move away from unhappiness and suffering and gain enlightenment.

We are now going to create our own lotus flowers to remind ourselves about 'finding the truth'.

Watch the clip called 'Easy Origami Lotus Flower Tutorial - DIY - Paper Kawaii' and have a go:

<https://www.youtube.com/watch?v=6LARdVFWg>

Summing it up

When The Buddha became enlightened it completely changed his life.

Write about how one thing has changed your life.
For example, leaving primary school, meeting a new person or winning a competition...

