



# Who will you help today?

## Volunteer at your local hospital

We are looking for people to join our volunteer community to help patients, visitors and staff

Scan the  
QR code  
to find  
out more  
or apply



[www.sath.nhs.uk/volunteers](http://www.sath.nhs.uk/volunteers)

## What you can do as a volunteer:

- ♥ Listen and talk to patients
- ✚ Meet and greet patients/visitors
- 🍷 Support patients at drinks rounds/mealtimes

...and much more!

## You will also:

- ◆ learn new skills
- ◆ meet new people
- ◆ explore different careers
- ◆ gain experience
- ◆ enhance your CV
- ◆ build your confidence
- ◆ make a difference



## **The Young People's Academy**

**A free one-day course designed for young people aged 14-25 to find out more about their local hospitals and explore career opportunities.**

The day includes presentations, videos, and interactive skills sessions. You will find out about how the NHS works, the huge choice of careers available in the NHS and how you could join us as a volunteer.

Everyone completing the course will receive a certificate of attendance and a pin badge.

To register, please visit:

**<http://bit.ly/3usL95X>** or scan the  
QR code



**SCAN ME**