

# Key Stage 5 - A Level PE

Intent	Implementation	Impact
<ol style="list-style-type: none"> <li>1. To develop a holistic understanding of all aspects of Physical Education and be able to apply it a confident and analytical method of writing.</li> <li>2. The course includes exam based assessment on anatomy and physiology, exercise physiology, biomechanics, sports psychology, acquiring movement skills and socio-cultural issues within sports.</li> <li>3. The course also includes none exam assessments in a sport the student should have mastered and an EAPI (video analysis) of a chosen sport.</li> </ol>	<p>Students will have five 55 minute lessons over a fortnight in both year 12 and 13. There are no practical lessons on this course, this is independent and should be mastered in students own time.</p> <p>Independent learning is vital for the course and called upon regularly to consolidate knowledge and concepts learned in lessons.</p> <p>Exam technique is developed and championed to allow students to access the top band of marks and begin to write critically within 10 and 20 mark essay answers</p>	<p>By the end of year 13 students will be able to display transferable skills including decision making, psychological understanding, independent thinking, problem solving and analytical skills. The course will link sporting ideas and theory with practical performance. The study of A level physical education will open up a range of possibilities for further study and careers associated with the subject.</p>

## Assessment

Informal asesments are conducted regularly through tests and exams but final assessments are terminal through exams in Y13.  
 EAPI is assessed formally in the spring of Y13.  
 Students get regular feedback including knowledge application and further exam technique through the course.