

# Key Stage 4 - Core Physical Education

Intent	Implementation	Impact
<p>Students study a broad range of activities to build <b>motor competence</b> and knowledge of <b>rules, strategies, and tactics</b>. Focus on <b>active, enjoyable lessons</b> that develop pupils as individuals with a love of healthy participation and an understanding of its importance. Opportunities for <b>elite students</b> to specialise in higher-skilled environments. All pupils should gain confidence to continue participation beyond school (sport or leisure). Continuity is maintained from KS3, ensuring <b>progression</b>. Aim: every student thrives at <b>their own level of ability</b>.</p>	<p>Delivery through varied <b>practical lessons</b> designed to be active, enjoyable, and inclusive. Activities promote <b>engagement, resilience, creativity, and decision-making</b>. Lessons ensure pupils are physically active, improving health through good exercise habits. Teachers provide challenge for higher ability and accessible pathways for all.</p>	<p>Students sustain physical activity over time and develop <b>resilience</b> to keep improving skills and fitness. Pupils show <b>ownership of learning</b>, often taking leadership roles. They acquire transferable <b>life skills</b> through sport situations. Students grow as individuals, becoming <b>confident, healthy, and active</b> outside of school. Ready for lifelong physical activity, with positive <b>exercise habits</b> and confidence to take part in sport independently.</p>

## Assessment

Students are not formally assessed in core PE in year 10 or 11 though staff are constantly engaged with AFL to ensure progress with students and groups in activities.