

### Dear Families,

#### Mental Health Awareness Week

It was a pleasure to mark Mental Health Awareness Week at The Marches last week. Believe it or not, small conversations can make a big difference, and we were fortunate to welcome Susan Davies from the Shropshire Mental Health Team, who delivered assemblies to all year groups. That work focused on helping students understand what supports good mental health, how to recognise when things may not be quite right, and where to go for support. Children have also been exploring this further in Crew time, with a focus on accessing resources through the school website. There are times when extra support is needed, these materials provide clear and practical guidance for students. Our website also includes a range of resources for parents and carers, covering topics such as self-harm, sleep, social skills and social media, which can be found here:

<https://marchesschool.co.uk/school-life/useful-resources-for-wellbeing/>

Future conversations around wellbeing remain central to our work, and we will continue to build on this important area.

#### Nut Allergies

We would like to raise awareness that some members of our school community have severe nut allergies.

While we are not a nut-free school, there are specific rooms where nuts must not be brought or consumed due to medical risk.

In particular, **Room H12** must remain completely nut-free.

We ask parents and carers to:

- Be mindful when providing snacks or packed lunches
- Remind students not to share food
- Support the importance of keeping certain spaces allergen-free

Thank you for your understanding and cooperation in keeping our school safe.



## REMINDERS & NOTICES

### Belgium Music Tour Preparations!

Not long now until the Belgium Music Tour! Students recently performed to families to showcase the Belgium Tour Show. What fantastic performances from bands, orchestra and soloists!



### Birmingham Symphony Hall - Classic FM Hall of Fame Concert

Music students had a great time at Birmingham Symphony Hall watching the CBSO perform Hits from Classic FM and was presented by Myleene Klass! *"It was such an amazing experience, I loved hearing some of my favourite classical pieces, especially Rachmaninoff!" Oscar Price*



### Year 8 Social Skills – Resilience Jars

Our Year 8 students who attend Social Skills intervention enjoyed turning recycled glass jars into mental health focused 'resilience' jars. Each student spent time designing and decorating their jar in their 'happy' colours and filled it with positive thoughts and kind words from each other as well as themselves.

### U15 Girls' County Cup – Quarter Final

The U15 girls faced Meole Brace in the quarter final of the County Cup in an incredibly exciting and hard-fought match, captained by Sophie Hancock. After a competitive 60 minutes, the game finished 3–3 at full time, with goals coming from Erin, Millie and Lucy. The match then went to penalties, where unfortunately we narrowly lost 4–3.

A special mention must go to Hayley, whose penalty save was outstanding and kept us in contention right to the end. The girls should be extremely proud of their effort, teamwork and resilience throughout the match.



## FOCUS

### National Press for Local Cricket Team featuring Marches Students

Please see the article featured in **The Guardian** via the link below. Of the ten mother-and-daughter pairs highlighted, five daughters are either current students at The Marches (Avril Wilkinson, Year 8, and Emily Ellis, Year 12) or former students: Erin Oakley, Isla Rogers and Lucy Jermain Jones. The team featured is the Oswestry Women's and Girls' Cricket Team. The photographs included in the article feature Avril Wilkinson, Martha Humphreys and Hollie Wiseman.

['We have a hoot on the field': Oswestry CC boasts 10 mother-daughter pairs | Cricket | The Guardian](#)



## UPCOMING EVENTS

Click [here](#) to view our upcoming events. Events at a glance:



Monday 1<sup>st</sup> June – Return to School  
Thursday 4<sup>th</sup> June – Year 7 Families' Evening  
Friday 19<sup>th</sup> June – Collaboration Day

Click [here](#) to view our term dates.

## NEWS

Click [here](#) to view our latest news articles.



Why not also follow us on Facebook @MarchesSchool for a wealth of content from students and staff, along with school celebrations to competitions. We encourage you to get interactive with our posts!

To hear about news from across the Trust, why not also follow @MarchesAcademyTrust.